

SENIOR ADULT MINISTRY *Young AT Heart*

June 2026 Newsletter

Brian's Letter

This past Friday night my 5th child and oldest daughter, Anna, graduated from high school. This was a wonderful milestone for her life and a major transition in the life of a person. She has worked for over 12 years to complete all the requirements needed to receive this important piece of paper and now she begins a new journey as she heads to college in the fall to obtain another milestone and diploma. The Bible often compares the Christian life to running a race. In Hebrews 12:1, believers are encouraged to "run with endurance the race that is set before us." This race is not about speed or competing against others, but about faithfulness, perseverance, and keeping our eyes on God.

Just as runners train and stay focused on the finish line, Christians are called to remove distractions, overcome obstacles, and continue forward even during difficult times. Life brings challenges, disappointments, and moments of exhaustion, but the biblical race reminds us that strength comes from trusting in the Lord. Each one of us is aware of how God constantly grows our faith in Him through these difficult moments in our race. The Apostle Paul also spoke of this race in 2 Timothy 4:7 when he said, "I have fought the good fight, I have finished the race, I have kept the faith." His words encourage believers to remain committed to God throughout their lives.

Running the biblical race requires patience, prayer, discipline, and faith. Every step taken in obedience to God has purpose. Though the road may sometimes be difficult, the reward of eternal life and peace with Christ makes the journey worthwhile. Never forget that eternity is ahead and Jesus is continuing to spur us on in this race we call the Christian life. May we continue to run our race with courage, endurance, and unwavering faith. Running with Purpose.

Brian



Power of Words

“Gracious words are like a honeycomb, sweetness to the soul and health to the body.”

Proverbs 16: 24 ESV

I was listening to a podcast not long ago about the power of our words, and here are a few of the takeaway thoughts. Words spoken are seeds planted. What we speak out trains our brains to believe what we say is true. Words we speak are more powerful than what we think. We need to speak positive words and avoid the negative ones. Speak life and truth with grace and kindness. Words can be power over our lives. Speak God’s word over your life and over others’ lives, and speak them with authority and conviction!

In thinking about the kind of words that would always be appropriate I came up with this list: words that are kind, gracious, encouraging, thoughtful, uplifting, compassionate, constructive, truthful, loving, caring, inspiring, useful, wise, discerning, hopeful, cheerful, and always God’s Word. May we always remember who we are representing as we speak—our Lord and Savior! When in doubt about what to say, ask Jesus to give wisdom and the right words for the occasion. And occasionally, silent words speak louder than spoken ones. A scripture verse we need to memorize, take to heart, and apply is Psalm 19:14 (NKJV), “Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my Redeemer.”

Blessings, Love, and Prayers,

“Sam” Summey



June YAH Fellowships YAH Fellowships

Due to the Construction, YAH will be meeting in the Hangar during June and July.

MON. June 8 YAH Fellowship
6:00PM/ HANGAR / Buffet/Cost \$9
Special Guest: Heaven’s Raines
Call 864.699.4236 to register by Wed., June 3.

MON. July 13 YAH Fellowship
6:00PM/ HANGAR / Buffet/Cost \$9
Special Guest: Heaven Bound
Call 864.699.4236 to register by Wed., July 1.



Important Trip Information

Register and pay online at www.fbs.org/yah or call 864.596.4110. Forms for 2026 are in the church office

Upcoming 2026 Trips: Trip fees are only available for refunds when someone takes your place and pays the fees or the venue cancels the event and gives the church credit or a refund.

YAH Activities or Trips

Aug 3-6: Colonial Williamsburg, VA. We will travel to Williamsburg, VA by luxury motor coach. This includes 3 nights lodging, 3 breakfasts and 3 dinner meals, taxes and gratuities. Guided tours of Colonial Williamsburg, Jamestown Settlement, the International Learning Center at the International Mission Board, and other fun activities. RATES: **Single \$989, Double \$749, Triple \$679, Quad \$639.** Final payment due **June 29.**

Oct 12-15: Celebrators Conference, Pigeon Forge, TN. A time of worship, laughter, and spiritual renewal in the heart of the Great Smokey Mountains. Your registration covers Conference Admission, Accommodations, and Wonderful meals. RATES: **Single \$699, Double \$469, Triple \$399, Quad \$369.** Conference and Meals Only **\$210.** To lock in these special rates, please register by **June 30, 2026** with a non-refundable deposit of **\$25.**

November: Samaritans Shoebox Packing, Charlotte/Billy Graham Library. More details will follow soon.

Mon, Dec 7: SeniorSalt – Impact Carol Sing at the Cove with Mark Christian and Friends. We will travel to The Billy Graham Training Center at The Cove to celebrate the birth of our Savior by singing our favorite Christmas carols and hearing an inspiring devotional thought from God's Word. Bus will leave Dean St. Parking Lot by 8:00 am Return Around 3:30 pm. **Cost: \$65 Bus (\$54 Driving)**

Ministry Opportunities

June ROTO (Senior Ladies Without Spouses)

Tue, **June 23**/12:30PM/**HANGAR**

Special Guests: MaCayla Edwards

Call 864.699.4211 to register by Wed., June 17.

Groups Ministry

Men – Burgers & Baseball

Register online

The Bridge (www.fbs.org/bridge)

There are many different ways to volunteer! Visit our website to see a list of opportunities via **POINT**, our new volunteer system.

Call **864.699.4450** or email at

lsizemore@fbs.org with any questions.

GrandCamp

A fun two-day event for grandparents and grandchildren to build memories together.

July 20-21 | 9:00-11:30 AM

Grandparents & grandchildren (ages 3-5K).

\$40 includes 1 grandchild | \$10 additional child

Register by **July 6.**

Sanctuary of Prayer (Drop In Experience)

TUESDAYS | 12:00 - 1:00 PM | FBS

Sanctuary

June Birthdays

6/1	Harry	Lewis, Jr.	6/7	Nina	Glenn	6/16	Linda	Arnold	6/24	Mark	Sanders
6/1	Ann	Bowles	6/7	Nancy	Britt	6/17	Susan	Wynn	6/24	Neil	Phillips
6/1	Robyn	Williams	6/7	Kim	Scheunert	6/17	Mary	O'Shields	6/24	Barbara	Lewis
6/1	Peggy	Biggerstaff	6/7	Teresa	Lawson	6/17	Peggy	Padgett	6/24	Chris	Pruitt
6/1	Joy	Ward	6/8	Harriet	Nolan	6/17	Dalene	Parker	6/25	Shirley	Lyda
6/2	Carroll	Cox	6/8	Joe	Peeler	6/17	Jack	Johannes	6/25	Ron	Dorsey
6/2	Myra	Gibson	6/8	Paul	Weaver	6/17	Rhonda	Painter	6/25	Dan	Holloway
6/2	Jackie	Walker	6/9	Tom	Hamilton	6/17	Gayle	Morris	6/26	Phyllis	Williams
6/3	Tonya	Hunt	6/9	Lena	Bryan	6/18	Jean	Carson	6/26	Nancy	Gardner
6/3	Chris	Abee	6/10	Bonnie	Hammond	6/18	Dee Dee	Wall	6/26	Larry	Irvin
6/3	Pam	Bolton	6/10	Patricia	Gardner	6/18	Taylor	Gibbs	6/26	Alison	Walker
6/3	Kristen	Welch	6/11	Mary Jo	Combs	6/18	Carol	Wilson	6/26	Bill	Clayton
6/4	Keith	Bailey	6/11	Brian	Padilla	6/19	Beth	Waddell	6/26	Pam	Cash
6/4	Elaine	Huckabee	6/11	Ginger	Reid	6/19	Sharon	Welborn	6/27	Katherine	Long
6/4	Bob	Hudson	6/11	Denise	Nolan	6/19	Shannon	Blanton	6/27	Sandra	Kirby
6/5	Marie	Humphries	6/12	Connie	Grundmann	6/20	Cheri	Carson	6/27	Fran	Greene
6/5	Deann	Provine	6/12	Sue	Truitt	6/21	Steve	Neubaum	6/27	Jim	Miller
6/5	Jo Anne	Stroupe	6/12	Martha	Phillips	6/21	Bobby	Welborn, Jr.	6/27	Sallie Ruth	Coleman
6/5	Gary	Brown	6/13	Michelle	Kellett	6/21	Rick	Padgett, Sr.	6/27	Marsha	Painter
6/6	Tammy	Humphries	6/13	Terry	Robbins	6/21	Rick	Padgett, Sr.	6/27	Donna	Russell
6/6	Kelly	Gaston	6/13	Wayne	Henderson	6/21	Cindy	Forrister	6/27	Donna	Hicks
6/6	Keith	Laws	6/14	Don	Moss	6/21	Dennis	Hyatt	6/28	Donna	Hicks
6/6	Keith	Laws	6/14	Don	Moss	6/21	Dennis	Hyatt	6/28	Gail	Vigodsky
6/6	Sylvia	Moore	6/14	Bill	Marshall	6/21	Rick	Carlisle	6/28	Michael	Cohen
6/6	Joyce	Parris	6/14	Don	Moss	6/21	Rick	Carlisle	6/28	Michael	Cohen
6/6	Cindy	Richardson	6/14	Bill	Marshall	6/22	Linda	Morgan	6/29	Juli	Foster
6/6	Donnie	Solesbee	6/14	Randy	McMillan	6/22	Sherri	Duncan-Smith	6/29	Christie	Guest
6/6	Lynn	Jordan	6/14	Donnie	Scott, Jr.	6/22	Narda	Morris	6/29	Christie	Guest
6/6	Amy	Renna	6/14	Donnie	Scott, Jr.	6/22	Narda	Morris	6/29	Don	Wilton
6/6	Joni	Quinn	6/14	Pat	Mathis	6/22	Tina	Nottingham	6/29	Jeff	Bennett
6/6	Donnie	Solesbee	6/14	Denise	Candler	6/22	Tina	Nottingham	6/29	Jeff	Bennett
6/6	Lynn	Jordan	6/14	Denise	Candler	6/23	Diane	Eason	6/30	Susan	Ingraham
6/6	Amy	Renna	6/15	Suzanne	Page	6/23	Beverly	Catoe	6/30	Susan	Ingraham
6/6	Joni	Quinn	6/15	Suzanne	Page	6/23	Beverly	Catoe	6/30	Walt	Forrister
6/6	Joni	Quinn	6/15	Janis	Couch	6/23	Cheryl	Douglas	6/30	Walt	Forrister
6/6	Joni	Quinn	6/15	Janis	Couch	6/23	Cheryl	Douglas	6/30	Richard	Bell
6/7	Irina	Poplavskaya	6/15	Robbie	Bishop	6/23	Marilyn	Hammond	6/30	Richard	Bell
6/7	Irina	Poplavskaya	6/16	Lee	Landrum	6/23	Teresa	Demarest	6/30	Kay	Herd